### **BIOPHYSICS LETTER**



## Blood oxygenation using microbubble suspensions

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**Abstract** Microbubbles have been used in a variety of fields and have unique properties, for example shrinking collapse, long lifetime, efficient gas solubility, a negatively charged surface, and the ability to produce free radicals. In medicine, microbubbles have been used mainly as diagnostic aids to scan various organs of the body, and they have recently been investigated for use in drug and gene delivery. However, there have been no reports of blood oxygenation by use of oxygen microbubble fluids without shell reagents. In this study, we demonstrated that nano or microbubbles can achieve oxygen supersaturation of fluids, and may be sufficiently small and safe for infusion into blood vessels. Although Po<sub>2</sub> increases in fluids resulting from use of microbubbles were inhibited by polar solvents, normal saline solution (NSS) was little affected. Thus, NSS

is suitable for production of oxygen-rich fluid. In addition, oxygen microbubble NSS effectively improved hypoxic conditions in blood. Thus, use of oxygen microbubble (nanobubble) fluids is a potentially effective novel method for oxygenation of hypoxic tissues, for infection control, and for anticancer treatment.

**Keywords** Oxygenation · Microbubble · Nanobubble · Microbubble fluid · Fluid oxygenation

### Introduction

Microbubbles are miniature gas bubbles, <50 μm in diameter, in liquids, which mostly contain oxygen or air (Kurup and Naik 2010; Qin et al. 2009). Microbubbles have been used in a variety of ways: in soil fermentation and hydroponic plant growth, in aquaculture, for environmental improvement of water and sewage treatment, and in engineering production. Microbubbles have several unique properties (Takahashi et al. 2003, 2005, 2007). They remain relatively stable in water for a long time (they have a long lifetime), or rise very slowly, gradual shrink, and finally collapse (i.e., shrinking collapse), whereas macrobubbles increase in size, rise rapidly, and burst at the water surface. The internal pressure of microbubbles is also much higher than that of the local environment, which accelerates dissolution of the gas into the liquid (i.e., efficient gas solubility). They also have a negatively charged surface, and thus will not merge to form larger bubbles, and the ability to produce free radicals, for example -OH.

The most beneficial property of microbubbles is the highly efficient gas solubility. The mechanism of supersaturation of oxygen gas in water is expressed by the Young–Laplace equation (Takahashi et al. 2007):

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$$P = P_l + 2\sigma/r$$

where P is the gas pressure,  $P_l$  is the liquid pressure,  $\sigma$  is the surface tension of the liquid, and r is the bubble radius. Inertial gas pressure is higher for smaller bubbles, so the inertial pressure of shrinking microbubbles increases with decreasing size. According to Henry's law, the amount of dissolved gas around the shrinking bubble increases with increasing gas pressure. DP is defined as the inertial increase in gas pressure relative to environmental pressure:

$$DP = 2\sigma/r = 4\sigma/2r = 4\sigma/D$$

where D is the bubble diameter.

For microbubbles 10  $\mu$ m in diameter, the surface tension of water is 72.8 mN/m at 20 °C and DP is approximately 0.3 atm. However, when the microbubble diameter becomes 1  $\mu$ m, DP increases tenfold (to approx. 3 atm).

Hypoxia, a condition of inadequate oxygen supply to tissues or the body, can lead to severe tissue damage and can be life threatening. Tissue hypoxia can develop if there is a decrease in cardiac output (ischemic hypoxia), hemoglobin concentration (anemic hypoxia), or oxygen saturation (hypoxic hypoxia), or an increase in the metabolic demands of the body (Abdelsalam and Cheifetz 2010). Hypoxia also induces physiological, cellular, and biochemical responses, which can effect pharmacological metabolism (Taylor and Moncada 2010; Ward et al. 2011, Donovan et al. 2010). Thus hypoxia is the most crucial issue in the treatment of a variety of diseases.

In medicine, microbubbles have been used as diagnostic aids to scan various organs of the body (Badea et al. 2009; Dijkmans et al. 2004; Lapotko 2011) and they have been studied for use in drug delivery and gene delivery (Dijkmans et al. 2004; Lapotko et al. 2011; Juffermans et al. 2004). There have recently been reports on use of microbubbles as local drug-delivery systems, using ultrasound with special shell reagents (Xu et al. 2011; Ferrara et al. 2009). However, biocompatibility of the shell reagents and ultrasound damage to the body are major problems that remain to be solved, as also is microbubble stability (Juffermans et al. 2006). Reports have also focused on special shell reagents for packing oxygen gas into microbubbles to extend the duration of oxygen delivery for injections (Cavalli et al. 2009; Swanson et al. 2010). In clinical applications of oxygen delivery to hypoxic patients, intravenous drip infusion is preferable because a large amount can be administered at once or over a long time.

Commonly used methods for generating microbubble suspensions are mechanical agitation, sonication, and pressurized gas-liquid mixing (microchannel emulsification); these usually result in the formation of microbubbles with wide size distributions. Gas-liquid mixing systems are preferable for generation of large amounts of microbubble

suspensions at once, and bubble sizes are smaller. However, blood cannot be used directly in the machine because of blood cell destruction.

Therefore, methods for preparing fluids containing oxygen microbubbles (oxygen microbubble fluids) from conventional clinical fluids by use of gas-liquid mixing systems will be useful. There are no reports of blood oxygenation by use of oxygen microbubble fluids without shell reagents. This study was performed to determine:

- whether microbubbles could be used to efficiently increase the level of dissolved oxygen in liquids;
- how dissolved molecules such as electrolytes (e.g., NaCl) or glucose affect oxygenation of liquids; and
- whether oxygen microbubble fluid can improve oxygenation of hypoxic blood.

We found that normal saline solution (NSS) containing oxygen microbubbles (OMNSS) improves hypoxic conditions in blood.

### Methods

Liquid solutions and blood samples

Sodium chloride and glucose (Wako Pure Chemical Industries, Osaka, Japan) were dissolved in ultrapure water as 1-10% and 5-20% solutions, respectively.

Approximately 100 ml blood was collected in a blood bag for autologous blood transfusion (Terumo CPDA blood bag, 200 ml; Terumo, Tokyo, Japan), from the ear vein of a healthy swine under general anesthesia, and stored in a refrigerator at 4 °C for 4 weeks. Each blood sample was taken from the blood bag by use of a disposable syringe (Terumo syringe, 2.5 ml; Terumo, Tokyo, Japan) to avoid contamination with air.

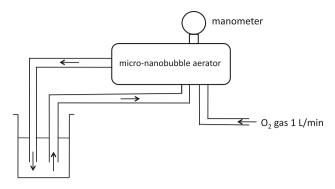
NSS (Otsuka Pharmaceutical, Tokyo, Japan) containing oxygen microbubbles was mixed with blood in dilution ratios of 10, 20, 30, 50 %. The samples were then gently shaken for 3 min before use in experiments.

These experiments were approved as animal experiment "no. 22-5" by the Ethics Review Committee for Animal Experimentation of Okayama University of Science.

### Generation of microbubbles

Fine microbubbles of oxygen gas were generated by use of a micro-nanobubble aerator (AS-MA II; Asupu, Shizuoka, Japan), with hydrodynamic function, for 15 min, during which time oxygen gas was supplied at 1 l/min (Fig. 1). In the apparatus, water or another liquid (150 ml), introduced by a pump, spirals up along a wall and down to an outlet along the center of the apparatus. The centrifugal force





**Fig. 1** Experimental setup. Relatively fine microbubbles of oxygen gas were generated by use of a micro-nanobubble aerator, at a peak pressure of 1–1.5 MPa, through which water or another liquid (150 ml) was circulating, for 15 min, and to which oxygen gas was supplied at 1 l/min. Fine microbubbles of oxygen gas were generated after brief sonication

caused by the circulation automatically introduces oxygen gas from the gas inlet and a vortex of oxygen gas is formed along the central axis. The body of the oxygen gas is separated into fine bubbles at the outlet of the apparatus by the strong shearing force of the dispersed water/liquid and circulation power. After generating water/liquid with oxygen gas microbubbles, the fluid was exposed to an ultrasonic bath (AUC-1L; As One, Osaka, Japan) for a few seconds to eliminate relatively large microbubbles.

For comparison purposes, macrobubbles were generated by use of an aquarium air stone (Round Air Stone S-2S; Daiko, Nagoya, Japan), to which oxygen gas was supplied at 1 l/min.

# Morphological analysis of oxygen microbubbles generated in liquid

After brief sonication each 10  $\mu$ m of the ultrapure water containing oxygen microbubbles was immediately mounted on a dual chamber slide (TC10<sup>TM</sup> System Sample Slides; Bio-Rad, Hercules, CA, USA). The oxygen microbubbles were then captured by microscopy (BZ-8100; Keyence, Tokyo, Japan), morphologically analyzed, and the bubble sizes measured.

# Evaluation of dissolved oxygen in liquid or blood samples

After application of brief sonication, each fluid containing oxygen microbubbles was left for 30 s. The dissolved oxygen partial pressure (Po<sub>2</sub>) in each liquid and blood sample mixed gently with NSS containing oxygen microbubbles for 3 min was then immediately measured, as an index of oxygenation, by use of a blood gas analyzer (ABL510; Radiometer, Copenhagen, Denmark). Each

sample was taken by use of a disposable syringe to avoid contamination with air at room temperature (25 °C).

### Statistical analysis

Results from the experiments are shown as the mean  $\pm$  standard error of the mean (SEM). Statistical analysis was performed using StatMate III software (ATMS, Tokyo, Japan). Means were compared by use of unpaired t tests, or by analysis of variance (ANOVA) and Tukey's post-hoc test. In all analyses, P < 0.05 was taken as indicative of statistical significance.

#### Results

#### Generation of microbubbles

To confirm the generation of fine microbubbles by the micro-nanobubble aerator, ultrapure water containing fine oxygen microbubbles was morphologically analyzed by microscopy.

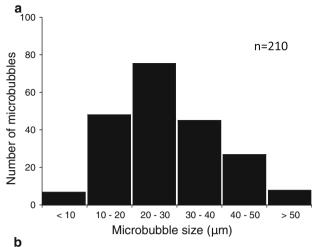
Figure 2a shows the distribution of oxygen microbubbles in ultrapure water after circulation through the micronanobubble aerator—96.2 % of the generated oxygen bubbles were less than 50  $\mu$ m in diameter (microbubble). Most (35.7 %) microbubbles were 20–30  $\mu$ m in diameter, and a significant amount (26.2 %) of relatively fine microbubbles less than 20  $\mu$ m in diameter was also present.

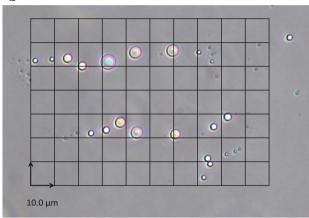
Figure 2b shows the fine oxygen microbubbles generated after brief sonication. Bubbles were less than 10  $\mu m$  in diameter and inhomogeneous (ranging from <1 to 6  $\mu m$  in diameter). Some fine microbubbles were seen to shrink and collapse during morphological analysis.

Evaluation of dissolved oxygen in liquids containing macrobubbles and microbubbles

To examine the potency of microbubbles for dissolving oxygen gas in liquid, the  $Po_2$  in ultrapure water was compared between macrobubbles (f>1 mm) and microbubbles by blood gas analysis. Figure 3 shows the  $Po_2$  values in ultrapure water. Means were compared by ANOVA and Tukey's post-hoc test. On average, oxygen gas was dissolved with  $Po_2$  of  $170\pm5.6$  mmHg (mean  $\pm$  SEM) in the control (P<0.01 vs. macro and microbubbles),  $776.8\pm19.3$  mmHg in ultrapure water exposed to oxygen macrobubbles (P<0.01 vs. control and microbubbles), and  $1,003.2\pm25.5$  mmHg in ultrapure water containing oxygen microbubbles (P<0.01 vs. control and macrobubbles). These results suggest that oxygen microbubbles could significantly increase the  $Po_2$  values in ultrapure water compared with macrobubbles.





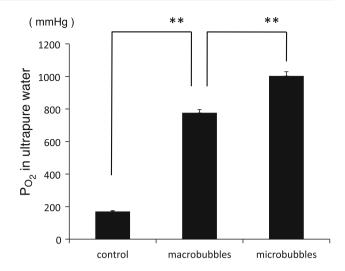


**Fig. 2** Morphological analysis of generated oxygen microbubbles. **a** The distribution of the microbubbles generated by the micronanobubble aerator. **b** Microbubbles were inhomogeneous in size. After brief sonication, relatively large microbubbles disappeared and fine microbubbles remained. The bubbles were  $<6 \mu m$  in diameter and nanobubbles were also present

Effects of solvents on the Po<sub>2</sub> increase by microbubbles

To examine the effect of solvent on the  $Po_2$  increase after microbubble treatment, the  $Po_2$  in ultrapure water containing a 1, 5, or 10 % NaCl, an electrolyte, or a 5, 10, or 20 % glucose, were measured by blood gas analysis. Means were compared by ANOVA and Tukey's post-hoc test.

Figure 4a shows the effects of NaCl on Po<sub>2</sub> increase by use of oxygen microbubbles. On average, Po<sub>2</sub> values were 1,003.2  $\pm$  25.5 mmHg in the control (P < 0.01 vs. 5 % and 10 % NaCl solution), 985.6  $\pm$  27.1 mmHg in 1 % NaCl solution (P < 0.01 vs. 5 % and 10 % NaCl solution), 829.5  $\pm$  18.6 mmHg in 5 % NaCl solution (P < 0.01 vs. control and 1 % NaCl solution), and 745.8  $\pm$  11.4 mmHg in 10 % NaCl solution (P < 0.01 vs. control and 1 % NaCl solution). These results suggested that the oxygenation by microbubbles decreased with increasing concentration of



**Fig. 3** Comparison of  $Po_2$  increase in ultrapure water between oxygen macrobubbles and oxygen microbubbles. Oxygen macrobubbles were generated in ultrapure water (150 ml) by use of porous ceramic with 1 l/min oxygen gas supply for 15 min. Oxygen microbubbles were generated by use of a micro-nanobubble aerator. The  $Po_2$  in ultrapure water was determined by blood gas analysis. Results are shown as mean  $\pm$  standard error of the mean from five separate experiments, each performed in duplicate. \*\*P < 0.01

the NaCl solution. Above, less than 1 % NaCl solution was enough to increase the Po<sub>2</sub> in the liquid by use of oxygen microbubbles compared with untreated ultrapure water.

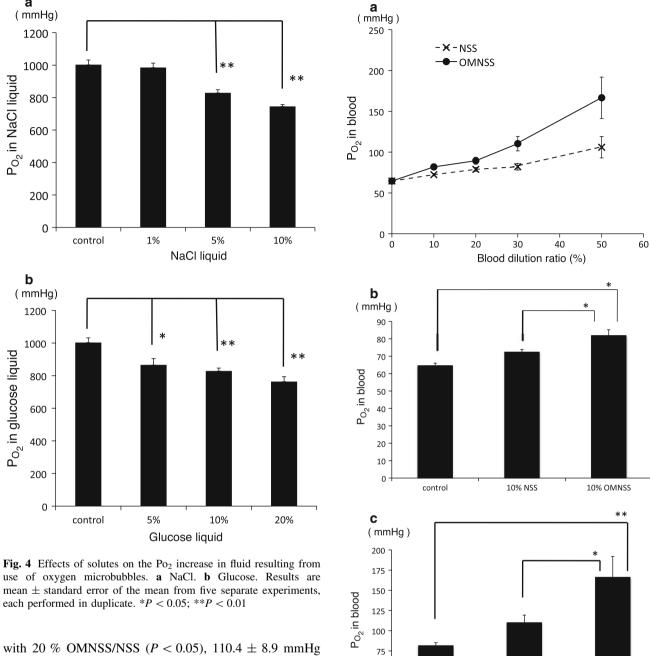
Figure 4b shows the effects of glucose on the  $Po_2$  increase by use of oxygen microbubbles. On average,  $Po_2$  values were  $1,003.2 \pm 25.5$  mmHg in the control (P < 0.05 vs. 5% glucose solution, P < 0.01 vs. 10 and 20% glucose solution),  $866.3 \pm 38.6$  mmHg in 5% glucose solution (P < 0.05 vs. control),  $828.3 \pm 17.8$  mmHg in 10% glucose solution (P < 0.01 vs. control), and  $763.8 \pm 29.8$  mmHg in 20% glucose solution (P < 0.01 vs. control). The results suggested that oxygenation by microbubbles decreased with increasing concentration of glucose. Even 5% glucose solution significantly inhibited the  $Po_2$  increase by oxygen microbubbles.

Blood oxygenation by use of oxygen microbubble fluid

To examine the potency of blood oxygenation by fluid containing oxygen microbubbles, OMNSS was mixed with swine venous blood in different ratios. After mixing for 3 min at dilution ratios of 10-50 %, the  $Po_2$  in blood samples was measured by blood gas analysis.

Figure 5a shows Po<sub>2</sub> values in blood diluted with 10, 20, 30, or 50 % OMNSS or NSS. Means were compared by use of unpaired *t*-tests. The average Po<sub>2</sub> in control blood (without dilution) was  $64.6 \pm 1.3$  mmHg. Average Po<sub>2</sub> values were  $81.9 \pm 3.3$  mmHg and  $72.4 \pm 1.5$  mmHg in blood diluted with 10 % OMNSS/NSS (P < 0.05),  $89.5 \pm 4.2$  mmHg and  $78.9 \pm 2.5$  mmHg in blood diluted





50

25

0

10%

with 20 % OMNSS/NSS (P < 0.05), 110.4  $\pm$  8.9 mmHg and 82.1  $\pm$  4.1 mmHg in blood diluted with 30 % OMNSS/NSS (P < 0.05), and 166.6  $\pm$  25.3 mmHg and 106.0  $\pm$  13.1 mmHg in blood diluted with 50 % OMNSS/NSS (P < 0.05), respectively. These results suggest that OMNSS results in a significantly greater Po<sub>2</sub> increase in blood than NSS, and the difference in Po<sub>2</sub> value between OMNSS and NSS becomes greater with increasing dilution ratio in the blood.

Figure 5b shows Po<sub>2</sub> values at 10 % dilution with NSS with and without oxygen microbubbles in blood. Means were compared by ANOVA and Tukey's post-hoc test. On average, the Po<sub>2</sub> values were 64.6  $\pm$  1.4 mmHg in control venous blood (P < 0.05 vs. 10 % OMNSS), 72.4  $\pm$  1.5

**Fig. 5** Po<sub>2</sub> increases in blood by use of oxygen microbubble NSS (OMNSS). Swine venous blood was diluted with OMNSS at 10, 20, 30, or 50 %, and mixed gently for 3 min. The Po<sub>2</sub> in blood was determined by blood gas analysis. **a** Comparison of Po<sub>2</sub> increases in blood between NSS and OMNSS. **b** Comparison of Po<sub>2</sub> increases in blood at 10 % dilution with NSS or OMNSS. **c** Po<sub>2</sub> increases in blood at each dilution ratio with OMNSS. Results are shown as mean  $\pm$  standard error of the mean from five separate experiments, each performed in duplicate. \*P < 0.05; \*\*P < 0.01

30%

Blood dilution ratio with OMNSS



50%

mmHg in blood diluted 10 % with NSS (P < 0.05 vs. 10 % OMNSS), and 81.9  $\pm$  3.3 mmHg in blood diluted 10 % with OMNSS (P < 0.05 vs. control and 10 % diluted blood with NSS). The results suggested that OMNSS significantly improved the Po<sub>2</sub> in hypoxic blood.

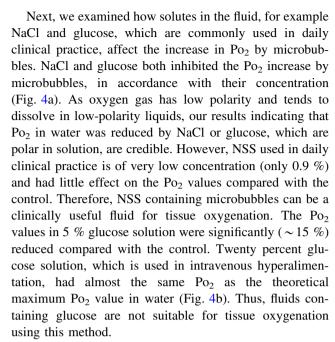
Figure 5c shows Po<sub>2</sub> values in blood diluted with 10, 30, or 50 % OMNSS. Means were compared by ANOVA and Tukey's post-hoc test. The average Po<sub>2</sub> values were  $81.9 \pm 3.3$  mmHg in blood diluted with 10 % OMNSS (P < 0.01 vs. 50 %),  $110.4 \pm 8.9$  mmHg in blood diluted with 30 % OMNSS (P < 0.05 vs. 50 %), and  $166.6 \pm 25.3$  mmHg in blood diluted with 50 % OMNSS (P < 0.01 vs. 10 %, P < 0.05 vs. 30 %). These results suggested that Po<sub>2</sub> in hypoxic blood was significantly increased by increasing the mixing volume of OMNSS. In addition, blood diluted with 50 % OMNSS was significantly more oxygenated than 10 % diluted blood (P < 0.05).

### Discussion

Microbubbles are gas bubbles <50  $\mu$ m diameter in liquids; they have a variety of unique properties (Kurup and Naik 2010; Qin et al. 2009). In particular, their efficient and high oxygen gas solubility is beneficial for oxygenation of hypoxic tissues (Bitterman 2009; Abdelsalam and Cheifetz 2010; Raoof et al. 2010; Guo and DiPietro 2010).

In our experiments, most of the oxygen microbubbles generated after application of brief sonication were <10  $\mu m$  in diameter (Fig. 2b), and were categorized as fine microbubbles (Takahashi et al. 2003, 2005, 2007). These fine microbubbles were thought to be captured as the result of the gradual shrinking of microbubbles that finally collapse. Fine oxygen microbubbles are expected to have a variety of useful properties in medicine (Barbosa et al. 2009; Betit 2009; Kulikovsky et al. 2009). Microbubbles <10  $\mu m$  in diameter are thought to be clinically safe; the filter pore sizes for cardiopulmonary bypass machines are usually in the range 28–40  $\mu m$ , and oxygen microbubbles 10  $\mu m$  in diameter are therefore negligibly small (Barak and Katz 2005).

The most beneficial property of microbubbles is the highly efficient gas solubility, which is expressed as  $Po_2$  increases in liquids including blood. The  $Po_2$  values in water containing oxygen microbubbles were significantly higher than the theoretical  $Po_2$  value (760 mmHg). According to the Young–Laplace equation, the shrinking oxygen microbubble increases the inertial pressure and oxygen gas dissolves to a much greater extent water by Henry's law. The smaller the bubble size, the higher the  $Po_2$  value in water. In our experiments,  $Po_2$  values in water were approximately 30 % greater than full oxygen saturation (Fig. 3). Nanobubbles must increase the  $Po_2$  value in water to a much greater extent than microbubbles.



OMNSS increased the Po<sub>2</sub> values in blood in accordance with the mixing volume (ratio) (Fig. 5a). At 10 % dilution in blood, OMNSS resulted in significantly higher Po<sub>2</sub> than NSS (Fig. 5b). The oxygen volume in blood is expressed as follows (Scholz et al. 2010):

Total 
$$Co_2 = (a \cdot Po_2 + b \cdot Hb \cdot Sat) \cdot V$$

where a is the solubility coefficient of oxygen in blood (0.003 ml/l mmHg), b is the oxygen-carrying capacity of hemoglobin (1.34 ml/gHb), Hb is the concentration of hemoglobin in blood (15 g/dl), V is blood volume (5 l), and Sat is the saturation of hemoglobin.

In addition, Sat in blood under conditions of pH 7.4 at 37 °C is expressed as follows (Dash and Bassingthwaighte 2010):

$$Sat = \text{Ko}_2 \cdot \text{Po}_2^n / (1 + \text{Ko}_2 \cdot \text{Po}_2^n)$$
  
=  $(\text{Po}_2/\text{P}_{50})^n \{1 + (\text{Po}_2/\text{P}_{50})^n\}$ 

where  $Ko_2$  is the Hill coefficient and n is the Hill exponent (n = 2.7). They are related by  $Ko_2 = (P_{50})^{-n}$  where  $P_{50}$  is the level of  $Po_2$  at which Hb is 50 % saturated by  $O_2$   $(P_{50} = 26.6 \text{ mmHg})$  (Goutelle et al. 2008).

In this study, the mean  $Po_2$  of the control blood (64.6 mmHg) was improved from 81.6 to 166.6 mmHg by dilution with OMNSS. Given these data at 37 °C, the saturation value of hemoglobin was calculated to be 91.3 % at  $Po_2 = 64.6$  mmHg, 95.2 % at  $Po_2 = 81.6$  mmHg, and 99.3 % at  $Po_2 = 166.6$  mmHg. The total  $Co_2$  was calculated as 927 ml for control blood, 970.8 ml for blood diluted with 10 % OMNSS, and 1004.3 for blood diluted with 50 % OMNSS. The value of total  $Co_2$  for blood diluted with 10 % OMNSS was 43.8 ml higher than that of the control blood; this oxygen excess corresponds to



87.6% of the oxygen consumption of the brain per minute in adults. In addition, the value of total  $Co_2$  in blood diluted with 50% OMNSS was 121 ml higher than that of the control blood; this oxygen excess corresponds to 48.4% of the oxygen consumption of the whole body per minute in adults. Therefore, the oxygen microbubble fluid described here can be locally injected into hypoxic tissues but is not sufficient for general infusion. For general infusion, it will be necessary to achieve an approximately tenfold higher density of oxygen microbubbles. This will require more innovative methods for production of finer microbubbles (nanobubbles) or shell reagents for bubbles.

In summary, finer micro-nanobubbles can be used to achieve oxygen supersaturation in fluids, and may be small and safe enough for infusion into blood vessels. Although increases in Po2 in fluids by use of oxygen microbubbles were inhibited by polar solvents, NSS had little effect. Thus, NSS will be suitable for production of oxygen-rich fluid. In addition, OMNSS effectively improved hypoxic conditions in blood. Use of oxygen micro/nanobubble fluids is an effective novel method for oxygenation of hypoxic tissues caused by ischemia and general hypoxia, for infection control caused by anaerobic bacteria, and for anticancer treatment. However, it has been suggested that microbubbles also cause tissue damage and that oxygen itself can be toxic (Barak and Katz 2005; Dennery 2010; Wang et al. 2010; Allen et al. 2009). Further studies of fine micro/nanobubbles are required to increase the Po<sub>2</sub> under hypoxic conditions and to assess the effects on tissues and the whole body.

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